

## Dying well—tell us what you think

Palliative Care Australia welcomes the release of the phase 1 report of the update of the National Palliative Care Strategy and looks forward to a robust engagement process that seeks views from across the health sector and importantly, from consumers.

The National Palliative Care Strategy represents the combined commitments of the Commonwealth, state and territory governments, palliative care service providers and community-based organisations to develop and implement palliative care policies, strategies and services that are consistent across Australia.

Palliative Care Australia's aspiration is for an updated strategy that articulates the vertical and horizontal integration of specialist palliative care and end-of-life care, across all care settings.

We welcome the identification of the following areas for the strategy: governance; workforce; information management; definitions and data sets; and new models and innovation. Importantly, the new models and innovations must look at ways of delivering quality care across and between all care settings, making choice for where people wish to spend the end of their lives a reality for all.

It is our hope the strategy will give voice to achieving quality care at the end of life, in partnership with the health reform agenda.

'Now is the time for considerable investment in consultation and discussion about dying well in Australia', said Donna Daniell, Chief Executive Officer of Palliative Care Australia.

Palliative Care Australia encourages broad participation in this (continued p.2)

## Message from the CEO

### Strategy – getting it right

Activities this month will shape the policy directions for palliative and end-of-life care in Australia for the next decade.

As we anticipate the health reform announcements by the federal government, our opportunity is to ensure the full integration of initiatives that deliver quality care at the end of life. All of the disparate activities must now come together as one.

A key component of policy is the revised National Palliative Care Strategy. This strategy seeks to articulate the pathway to nationally consistent policies, services and investments.

Palliative Care Australia's aspiration is for an updated strategy that articulates the vertical and horizontal integration of specialist palliative care and end-of-life care services, across all care settings. The



strategy, with the support of the national end-of-life guidance document, must set out the roles and responsibilities for all involved and at all levels.

We need good governance, meaningful information and wise investments. If the scope of the strategy is limited to specialist palliative care service provision we will have failed, not only in correctly positioning the expertise of specialist palliative care, but also in enabling mechanisms for effective resource allocation.

It takes a loud and unified voice across the specialist palliative care community – as the recognised custodians of expertise in dying well – to be effective in enabling change.

Now is the time for the palliative care community to come together and get involved. Working with your state and territory [member organisation](#) is the most valuable way to do this. (continued p.2)

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# Palliative Care Australia - update

## Policy report

### Carer payment - adult

Palliative Care Australia has provided comments to Centrelink to support and encourage their considerations around the current adult claim form for Carer Allowance/Carer Payment.

An estimated 100,000 Australians die each year from an 'expected' death. Each of these Australians should be able to rely on a promise of access to quality care at the end of life that is based around meeting their needs and respecting their care preferences.

End-of-life care in the home would be impossible for many people without the support of caregivers. The existence of the Carer Allowance and the Carer Payment are an important support for this.

Palliative Care Australia has stressed that this support should be provided in a manner which minimises the stress that already exists for these carers, and for the people for whom they are caring.

To this end, PCA supports and encourages Centrelink's consideration of changes to the current adult claim form for Carer Allowance/Carer Payment to make the form more acceptable.

Palliative Care Australia supports Centrelink's 'option 4' to change the wording of the question on the Carer Claim form about the terminal condition to make it less confrontational, and to add an information box to explain the purpose of the question.

Beyond that, though, we note that this is primarily an expert opinion which is the purpose of question 12 of the Medical Report. We asked Centrelink if it is really necessary to repeat the question in the Carer Claim form.

### Think Tank on End-of-Life Issues in Acute Care

Palliative Care Australia co-hosted the Think Tank on End-of-Life Issues in Acute Care in Sydney on 19 February 2010 with the Australian Healthcare and Hospitals Association (AHHA), the peak national body representing the public hospital sector.

Over twenty invited stakeholders from across the health sector heard keynote speakers Dr Ken Hillman, Professor of Intensive Care, University of New South Wales, and Professor Jane Ingham of the University of NSW and Director of the Cunningham Centre for Palliative Care, address key issues. Participants agreed to work together to develop a strategy in this area.

### National Aged Care Alliance (NACA)

The National Aged Care Alliance celebrated its 10<sup>th</sup>

anniversary at its meeting in Canberra on 22-23 February 2010.

Keen readers will recall that last year NACA developed and approved a [vision statement](#), *Leading the way: Our vision for support and care of older Australians with a very good representation of key palliative and end-of-life care issues*.

The alliance, which brings together 27 key stakeholder groups in the aged care sector, agreed that its collective efforts to again make aged care an issue in this year's federal election will focus around:

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### Dying well—tell us what you think

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process which will involve further direct consultation, an online consultation survey tool and a series of workshops around Australia. Interested parties can register at the Communio Group website at <http://npcsu.communioigroup.com>.

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### Message from the CEO

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#### Thank you

I would like to take this opportunity to thank all the extraordinary, talented and passionate people who come together and comprise the palliative care sector. It is your interests and aspirations that I have endeavoured to champion in my role as Chief Executive Officer for Palliative Care Australia over the past five years.

Realising quality care at the end of life for all is critical and while there are challenges, I believe the sector is on track to achieve this.

As I am unable to continue in this role, the PCA Board has commenced recruitment and hopes to announce the outcome of their selection soon.

I too have my aspirations – ones that focus on what makes a good organisation great. I hope that the future sees that all know the value of being involved in and supporting the existence of an effective national organisation and member network. Unilateral gains and parochial interests are only that. They are inherently short term and deliver gains for a minority and not the majority. I therefore wish for this space – clarity of vision and courage in truly working together to build a unified voice for palliative care.

Thank you for teaching me so much. I look forward to seeing the full realisation of quality care at the end of life and knowing that behind these achievements is a highly regarded and effective Palliative Care Australia.

**Donna Daniell**

Chief Executive Officer

- building bi-partisan (and multi-partisan) political support for the vision
- re-launching the vision with an executive summary/ implementation plan.

Delegates were addressed by Vlad Alexandric on the development of the national end-of-life guidance document, and Bruce Shaw about the review of the National Palliative Care Strategy, and were keenly interested in both. The meeting also met with Minister for Ageing, The Hon. Justine Elliot MP.

### Quality Care at the End of Life Alliance

Palliative Care Australia is scheduling a meeting of members of the Quality Care at the End of Life Alliance on Tuesday 16 March to consult on:

- the work PCA is auspicing on a national end-of-life guidance document
- the update of the National Palliative Care Strategy
- the National Health and Medical Research Council's (NHMRC) excellent initiative in developing and releasing for consultation a [discussion paper](#) *Ethical issues involved in transitions to palliation and end-of-life care for people with chronic conditions: A discussion paper for patients, carers, and health professionals*
- ways that we can work together to advance the national health reform agenda.

### National Palliative Care Strategy

Palliative Care Australia encourages broad participation in this process which will involve further direct consultation, an online consultation survey tool and a series of workshops around Australia. Interested parties can register at the Communio Group website at <http://npcsu.comuniogroup.com>.

Consultation dates are:

- 10 March – Melbourne
- 11 March – Hobart
- 15 March – Canberra
- 17 March – Adelaide
- 18 March – Perth
- 23 March – Sydney
- 24 March – Brisbane
- 25 March – Darwin

### Standards—NSAP

The National Standards Assessment Program is approaching the end of its first funding period. In June this year we will have reached an important milestone.

The Department of Health and Ageing has confirmed further funding for the project post June 2010. This is great news as it gives us some confidence in moving forward with the development of a system-wide strategy to support continuous quality improvement in end-of-life care.

This milestone provides the opportunity to reflect on our achievements:

- undertook a round of national consultations with

palliative care clinicians, managers, researchers and jurisdictional policy makers to review quality challenges and initiatives

- established an Expert Working Group, Steering Committee and Industry Reference Group to provide expert input and advice for the development of standardised assessment processes and tools to support assessment against the national palliative care standards
- successfully piloted and tested the tools in 30 specialist palliative care services across Australia
- commenced national rollout in July 2009
- launched the NSAP website – [www.standards.palliativecare.org.au](http://www.standards.palliativecare.org.au)
- gained the participation of 120 services who are signed up and at various stages in the process of self-assessment against the national standards
- recruited and trained 12 NSAP peer reviewers
- commenced the NSAP peer review program and commenced peer review of services who have completed their self assessment
- developed a paediatric palliative care module – 100 percent of Australian paediatric palliative care services have signed up and 75 percent have submitted their self-assessments
- conducted eight state-based workshops to introduce specialist palliative care services to NSAP
- provided services with a comprehensive report on their self-assessment outcomes that positions their results against those of other participating services
- developed a national picture of the common improvement challenges faced by services and the opportunities to support system-level improvement.

### The future

- many services are now approaching their Cycle 2 assessment
- development of national improvement collaborative established around the self-identified common opportunities for improvement generated by the NSAP process
- development of NSAP modules for residential aged care and acute care based on the primary care elements of the national palliative care standards.

The National Standards Assessment Program has emerged as a powerful tool to increase awareness and drive continuous quality improvement towards universal achievement of the national standards and an improvement of care for patients and families.

### Recruitment update

#### Western Australia

Services from Western Australia will begin to receive the NSAP start-up pack over the next week. This has been sent to all specialist palliative care services in WA but should your service not receive a copy by Friday 12 March – please contact the NSAP team at [nsap@palliativecare.org.au](mailto:nsap@palliativecare.org.au) who can send this electronically.

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## South Australia

Services from South Australia are scheduled to receive the NSAP start-up pack in late March. Please see the April e-bulletin for further details.

## Have you been unable to commence NSAP?

If specialist palliative care services in your state have already begun NSAP but your service has not you are still able to sign-up to undertake the NSAP self-assessment. Services in New South Wales, Queensland, Victoria and the Australian Capital Territory can sign up now and register to commence NSAP at any time.

## Delayed services

During February a cohort of services whose participation in NSAP had been delayed were invited to commence self-assessment. This will provide services with an opportunity to network, and receive support and advice from other services throughout the self-assessment process. Should you wish to commence with this group, please contact the NSAP team immediately.

Alternatively if you have not yet signed up, contact the NSAP team to discuss options for beginning NSAP at a time that suits your service.

If you would like to contact the NSAP team or would like further information:

e: [nsap@palliativecare.org.au](mailto:nsap@palliativecare.org.au)

t: 02 6163 8419.

To access the NSAP website, visit [www.palliativecare.org.au](http://www.palliativecare.org.au) and select the NSAP logo.

## Volunteers

### National Network for Managers of Volunteers

Volunteers of all kinds are an important part of Australian society. On 24 and 25 February 2010, PCA hosted a meeting of managers of palliative care volunteers from around Australia. Seventeen managers of volunteers came together to discuss the issues facing managers, services and volunteers in Australia today, and to form a national network.

After calling for input from managers of volunteers from across Australia, issues were divided into four major categories: recruitment and retention; training and development; funding and resources; and service provision. Many specific issues were then listed under each category.

The national network will be involved in scoping a partnership with Volunteering Australia to look at aligning the national standards for volunteers with the National Standards Assessment Program.

Volunteer programs can be poorly resourced and managers of volunteers may not be well supported. The national network will act as a support and information sharing mechanism for managers of volunteers, as well as potentially having an advocacy role.

## CEO recruitment

It is with reluctance that the Board of Palliative Care Australia has accepted the resignation of Chief Executive Officer, Ms Donna Daniell.

'Whilst disappointed, the board respects Donna's decision to resign for personal reasons', said President of Palliative Care Australia, Professor Margaret O'Connor AM.

The achievements of Palliative Care Australia have been significant throughout its almost 20-year history as a national organisation.

As the custodian of the national palliative care standards for the delivery of quality palliative care, the innovator of the national community education initiative and advocate for policy that enables dying well, Palliative Care Australia has gained recognition for its work from governments, stakeholder groups and consumers.

The board recognises and acknowledges Ms Daniell's extraordinary commitment to making a difference and her passion for the provision of quality care at the end of life and wishes her well in her future endeavours.

Palliative Care Australia has commenced recruiting for this position. For further information, see [www.palliativecare.org.au](http://www.palliativecare.org.au).

## Manager – National Standards Assessment Program

*Seeking expressions of interest*

Key Management role to support implementation of the National Standards Assessment Program and lead quality improvement across the sector.

This is a Canberra-based position reporting to the PCA National Director, Quality & Standards.

An attractive remuneration package in the range of \$100K - \$120K inclusive of superannuation and salary sacrifice will be negotiated.

For further information and to download the recruitment package, see [www.palliativecare.org.au](http://www.palliativecare.org.au).

Expressions of interest to:  
Sue Hanson  
National Director - Quality & Standards  
e: [sue@palliativecare.org.au](mailto:sue@palliativecare.org.au)

Closing date: 10 March 2010



# News brief

## Clinical practice guidelines portal

A new clinical practice guidelines portal launched by the federal government will provide links to current Australian guidelines developed by governments, professional colleges, specialty societies and non-government agencies.

The portal, developed by the National Health and Medical Research Council's National Institute of Clinical Studies aims to be a one-stop shop for clinicians, researchers, policy makers and consumers to access guidelines developed during the preceding five years for use in the Australian health care system.

The NHMRC has also developed a national clinical practice Guidelines in Development Register. The register contains information about clinical practice guidelines that are planned or currently being developed in Australia.

The portal and register are available at [www.clinicalguidelines.gov.au](http://www.clinicalguidelines.gov.au).

## Support grants for cancer

The federal government has announced funding for 22 projects across Australia to develop and enhance cancer support under the Building Cancer Supports Networks initiative.

The grants were provided in two main categories: targeted grants, provided in partnership with organisations contributing funding or support towards a project that will build sustainable access to cancer support options capacity building grants, provided to successful organisations which support innovative support networks are linked to high priority areas such as Aboriginal and Torres Strait Islanders, rural and remote communities and specific Australian ethnic communities.

For more information, see [www.health.gov.au](http://www.health.gov.au).

## Therapeutic Goods Committee

The Therapeutic Goods Administration is seeking expressions of interest from persons with relevant expertise to fill two new positions on the Therapeutic Goods Committee.

These positions, which will supplement the current membership, are for:

- a person with expertise in pharmaceutical science
- a person with expertise in community or hospital pharmacy practice.

The TGC is a statutory committee established under the Therapeutic Goods Regulations (1990). The functions of the TGC are to:

- to advise and make recommendations to the Minister about the following:
  - the adoption of standards for therapeutic goods
  - matters relating to standards for therapeutic goods

- requirements for labelling and packaging of therapeutic goods
  - standards for manufacture of therapeutic goods
  - matters relating to medical device standards
  - matters relating to conformity assessment standards
- to advise and make recommendations to the Minister or Secretary about any other matter referred to the committee by the Minister or Secretary.

For more information, see [www.tga.gov.au](http://www.tga.gov.au).

## National Census revealing extent of medicines use problems

Preliminary data from the National Census of Medicines Use in Australia being conducted by the National Prescribing Service and the University of Melbourne shows a significant number of adverse medicines events aren't being reported to GPs and people are struggling to identify information sources they can easily understand.

It is the first national census to survey what combinations of prescription, non-prescription and complementary medicines people take, how people find information about medicines and whether they have experienced problems with their choices.

Preliminary analysis of data collected so far shows:

- a significant number of participants are reporting it's difficult to find information they understand about medicines
- more than half the participants have reported the volume of information sources about medicines makes it hard to know what is accurate
- many participants who used a medicine in the past year reported a side effect, reaction or other problem with their medicines during this time.

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# Sector news

## CareSearch

### Bereavement and grief pages

Two new pages have been released in the Clinical Practice section of [CareSearch](#). They provide an overview of the evidence around bereavement, grief and complex grief. Grief, especially in the early stages, often causes disruption and disturbance of everyday life. However, grief can be expressed by people very differently.

- [Bereavement and grief](#)
- [Complex grief](#)

### @CARESEARCH newsletter

As part of our 2010 evaluation activities we are reviewing the @CARESEARCH newsletter to try and determine its impact and effectiveness and identify areas for improvement. We would encourage all our readers to take a few minutes and complete the [online survey](#).



# Information and resources

## Connecting young people

Living with a serious illness, chronic health condition or disability has a huge impact on the whole family - young people, siblings and parents can often experience social isolation and feel disconnected from support networks. Impacts can often be compounded by geographical isolation experienced by people in regional and rural Australia who can find it even more difficult to access support.

Livewire, a subsidiary of the Starlight Children's Foundation, was developed to facilitate support and connection between people affected by a serious illness, chronic health conditions or disability.

Livewire provides three free and safe online communities for each family member affected by a serious illness or disability. Each community is a place where members can make friends, chat, gain support and share experiences with other people who understand what they are going through.

For more information, see [www.livewire.org.au](http://www.livewire.org.au) or contact the Livewire Support Team on (02) 8425 5971 or [member.services@livewire.org.au](mailto:member.services@livewire.org.au).

## Podcasts

The International Program of Psycho-Social Health Research, CQUniversity, publishes a weekly 10-minute podcast on topics that help people deal with the challenges of significant mental and/or physical conditions.

A recent podcast investigated improving access to hospice care in South Africa through education and standardisation. This podcast was conducted with Dr Carla Ens, University of Manitoba, Canada.

Dr Carla Ens conducted a study to develop a new, standardised framework for hospice referrals. Carla found that patients in the public system were more likely to be referred to hospice care than patients in the private system, and that the highest rate of referrals was from tertiary hospitals where a key individual, such as a social worker, supported hospice work.

She said patients were often very fearful of hospice care and the stigma associated with HIV/AIDS. Carla recommends a system that promotes positive public awareness of hospice care, educates practitioners through information days, short courses and grant rounds, utilises standardised referral forms nationally, and provides patients with palliative care information in order to normalise the experience for them.

To listen to the podcast and view the transcript, author information and article links see [www.ipp-shr.cqu.edu.au](http://www.ipp-shr.cqu.edu.au).

## Palliative care forum

The Adelaide Northern Division of General Practice has established a palliative care forum. The forum features resources and education for community and nurses as well

as regular columns from a variety of contributors. For more information, see [www.andgp.org.au](http://www.andgp.org.au).

## Launch of WPCA website

The Worldwide Palliative Care Alliance (WPCA) website has been launched. The website provides resources and news, particularly for hospice and palliative care national and regional associations.

The members' area of the website will be built during 2010 and will enable increased interaction between members of the WPCA around the world. To view the website visit [www.thewpca.org](http://www.thewpca.org).

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## News brief

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The census began in July 2009 and involves people aged over 50 years. This final phase ends in March and the full results will be published later in the year. A second phase involving people aged 18-49 will begin later in 2010.

For more information, see [www.nps.org.au](http://www.nps.org.au).

## National Breast Cancer Foundation research projects

The National Breast Cancer Foundation has announced 25 new research projects worth \$9.2 million. It is anticipated the projects will deliver new knowledge about breast cancer, how to treat it and how to improve the quality of life for those living with the disease.

For the first time, funding has been allocated to projects that seek to understand the impact of complementary medicine on breast cancer patients. With 84 percent of breast cancer patients using complementary medicine, the studies have been welcomed by many in the health sector. Information on the grants can be found at [www.nbcf.org.au](http://www.nbcf.org.au).

## WA legislation for future health care wishes

Legislation in Western Australia has taken effect that provides a legal framework to protect an individual's wishes about the medical treatment they receive in the event of incapacity. The legislation allows adults to make an Advance Health Directive that has legal status. It also provides legal protection for doctors and other health professionals who carry out the wishes of patients and guardians.

The legislation is accompanied by a number of resources including:

- online learning program for health professionals
- telephone inquiry line for the public - 9222 2300 for Advance Health Directives and 1300 858 455 for Enduring Power of Guardianship
- consumer resources for the general public.

For more information, see [www.health.wa.gov.au/advancehealthdirective](http://www.health.wa.gov.au/advancehealthdirective).

# PCA member organisation updates

*Palliative Care Australia's membership comprises the eight state and territory palliative care organisations and the Australian and New Zealand Society of Palliative Medicine. These organisations created and share the vision, mission and aims of Palliative Care Australia and operate through a federated governance structure.*

*Together, the Palliative Care Australia members network to foster, influence and promote local and national endeavours to realise the vision of quality care at the end of life for all.*

## ANZSPM

The Australian and New Zealand Society of Palliative Medicines is holding a number of forums in 2010. The forums will be held in: Christchurch, Palmerston North, Auckland, Adelaide, Perth, Darwin, Melbourne, Hobart, Brisbane and Sydney.

The forums will feature a number of speakers and cover several topics including: pain control, anxiety and depression, and renal failure pathways to palliative care. Forums include a presentation and a panel-led case study discussion. For more information, see [www.anzspm.org.au](http://www.anzspm.org.au).

## Palliative Care Queensland

### Revision of the PCQ constitution

In January 2010, PCQ members voted to amend the association's constitution to reflect current business and governance needs.

Changes to the constitution will allow PCQ to significantly increase the number of general and coopted state council members. These changes have been lodged with Office of Fair Trading and await sign-off by the Minister.



### Palliative care place stories

As part of the round 63 grants, PCQ has applied to the Office of Liquor and Gaming for additional funding to support work on a project that will enable Queenslanders affected by terminal illness to share their stories online. Palliative Care Queensland has collaborated with communication consultancy Feral Arts to plan a web-based software platform that will enable patients and families to share their stories about dying, death and palliative care.

### PCQ community awareness raising initiative

Palliative Care Queensland has applied to Perpetual Trustees for a grant to support a state-wide campaign to raise awareness of palliative care, dying and death in Queensland. It is hoped the funding will be approved to recruit regional volunteer champions from around Queensland who will be trained by PCQ to raise the profile of palliative care and build valuable networks within their communities. Palliative Care Queensland hopes to trial this initiative on the Gold Coast over the next few months.

For more information, see [www.palliativecareqld.org.au](http://www.palliativecareqld.org.au).



## Information and resources

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### Hospice Foundation of America webinar series

The Hospice Foundation of America is holding a series of webinars on helping children and adolescents cope with grief and loss.

- 1 February 2010 – Bereavement camps for kids: benefits and challenges
- 14 April 2010 – Bereaved children and adolescents: lessons from research
- 15 June 2010 – Grieving children and adolescents: the role of internet support

For more information visit [www.hospicefoundation.org](http://www.hospicefoundation.org).

### HIV and AIDS in places of detention

The United Nations Office on Drugs and Crime has launched *HIV and AIDS in places of detention: A toolkit for policymakers, programme managers, prison officers and healthcare providers in prison settings*. The toolkit includes a section on palliative care and discusses pain management and compassionate release. It states 'for those prisoners who cannot be released, prisons must provide adequate palliative care'.

For more information see [www.unodc.org](http://www.unodc.org).

## Conferences and events

See [www.palliativecare.org.au](http://www.palliativecare.org.au) for a full list of upcoming conferences and events

### Confident in palliative care forum

25 and 27 March 2010  
Barossa General Practice Network  
Barossa Arts & Convention Centre  
[More information](#)

### Sydney Institute of Palliative Medicine 19th Annual Symposium

24 - 25 June 2010  
KPEC, Royal Prince Alfred Hospital, Sydney  
e: [SIPM@sswahs.nsw.gov.au](mailto:SIPM@sswahs.nsw.gov.au)

### Primary health care research and health reform: Improving care conference

30 June - 2 July 2010  
Darwin, Northern Territory  
w: [www.phcris.org.au/conference/2010](http://www.phcris.org.au/conference/2010)

## Palliative care—Extending the reach

7<sup>th</sup> Biennial State Conference  
Palliative Care Victoria  
Call for abstracts—closes 15 March 2010  
w: [www.pallcarevic.asn.au](http://www.pallcarevic.asn.au)

## Face to face with interface

5th International Cardiff Conference in Paediatric Palliative Care  
6-8 July 2010  
Cardiff, Wales  
e: [ppc2010@cardiff.ac.uk](mailto:ppc2010@cardiff.ac.uk)

## AIDS 2010

18-23 July 2010  
Vienna, Austria  
w: [www.aids2010.org](http://www.aids2010.org)

## The future of children's hospice and palliative care: Completing the circle of care

Children's Hospice International 21<sup>st</sup> World Congress  
11-14 October 2010  
Washington DC, USA  
e: [info@chionline.org](mailto:info@chionline.org)

## 1<sup>st</sup> International multidisciplinary forum on palliative care

11-14 November 2010  
Budapest, Hungary  
Abstracts close 25 April 2010  
w: [www.imfpc.org](http://www.imfpc.org)

### Palliative Care Australia

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<b>TAS</b>	Tasmanian Association for Hospice and Palliative Care PO Box 834 Kingston TAS 7050	t: +61 3 6285 2514 f: +61 3 6239 6030 w: <a href="http://www.tas.palliativecare.org.au">www.tas.palliativecare.org.au</a> e: <a href="mailto:tahpc@intrepidonline.com.au">tahpc@intrepidonline.com.au</a>
<b>ACT</b>	ACT Palliative Care Society PO Box 88 Civic Square ACT 2608	t: +61 2 6273 9606 f: +61 2 6273 9590 w: <a href="http://www.pallcareact.org.au">www.pallcareact.org.au</a> e: <a href="mailto:office@pallcareact.org.au">office@pallcareact.org.au</a>
<b>NT</b>	Palliative Care Northern Territory PO Box 4489 Alice Springs NT 0811	t: +61 8 8922 6769 w: <a href="http://www.nt.palliativecare.org.au">www.nt.palliativecare.org.au</a> e: <a href="mailto:pcnt@palliativecare.org.au">pcnt@palliativecare.org.au</a>
<b>ANZSPM</b>	Australian and New Zealand Society of Palliative Medicine PO Box 238 Braidwood NSW 2622	t: 0458 203 229 f: +61 3 8677 7619 w: <a href="http://www.anzspm.org.au">www.anzspm.org.au</a> e: <a href="mailto:karen@anzspm.org.au">karen@anzspm.org.au</a>

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